

Deep Tissue & Remedial

This has the benefits of the on-site massage but is a longer session on a traditional massage table. Any specific problems can be much more thoroughly assessed and treated.



This massage is an effective, relaxing and natural form of treatment for soft tissue problems.

Thai Yoga Massage

Using similar acupressure techniques as a chair massage, this treatment goes one step further by adding yoga stretches into a floor treatment.



Performed through clothing on a mat this therapy should leave you feeling relaxed, refreshed & energised.

Both the above therapies are available as mobile treatments and can be booked as 1/2, 1 or 1 1/2 hour sessions

Want to Know More?

We are a Marlow based company with over 7 years experience in providing professional massage treatments to private and corporate clients. All therapists are fully trained, experienced and insured. We are geared to bringing a flexible and reliable in-house service to you; providing staff with:

- **Reduced anxiety & stress levels**
- **Relaxed muscles in shoulder, back, neck and arms**
- **Reduced incidence of RSI**
- **Improved energy & alertness**

At each site we would ask for one person who can act as a co-coordinator. They will be supplied with promotional material and also be entitled to a **free** treatment!

The most popular method of payment is for employees pay a nominal fee per treatment and the company pays the balance.

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On Site Chair Massage

Latté to go...



Well-being to go...



Personal Physique



What is On Site Chair Massage?

A 15 minute* routine based on the Far Eastern 'Acupressure' technique which targets tension in the neck, shoulders, arms, hands and back.

The person receiving the massage sits fully clothed and supported on a portable massage chair.

How does it benefit me?

Increased awareness & well-being

Raised alertness & energy levels

Relaxed muscles in the upper body

Reduced risk of RSI

It feels great!

Why On site Chair Massage?

No oils needed - You won't feel slimy and your clothes can't get stained

Save time - no undressing or messing about with towels

Convenience - we come to you!

Little longer than a coffee break, but much better for you!

* Massage duration can be easily adjusted to 10 or 20 minutes sessions

How can On Site Chair Massage benefit my business?

For the employee -

Additional perk for your benefits program

A less tense person is a more productive person!

Immediate results

Promotes self-awareness

Reduced injury / absenteeism

For the customer -

Added value to your product or service

Keep customers at your exhibition stand or clubhouse for longer

Feel Good Factor!

Keep client 'entertained' while waiting

Safe, convenient service

This service has provided proven benefits to individuals and blue-chip companies around the world. Provided as an on-going, weekly or monthly service it is extremely effective at permanently



reducing stress and tension and promoting workplace wellbeing. Little aches & pains? In as little as 10 minutes those could be eased away, leaving you to get on with what you do best!

Where can we have the On-Site Chair Massage?

Office Meeting Room

Exhibition Stands

Conference Breakout-Rooms

Club House

Salon & Clinic Waiting Rooms

Outdoors - marquee available

All that is needed to perform a chair massage is floor space of approx. 5' x 4'

How much is On Site Chair Massage?

One 15 minute massage is £12, there needs to be a minimum of 4 people booked at the same location.

Rates for exhibitions and conferences start at £120 for 1/2 day.

Special introductory rates of £5 per massage is available, contact us for more details